

Self-Healing with Reiki

Reiki Level 1 Attunement & Certification



SUNDAY DEC 11, 2022 (10AM-3PM EST)



VIRTUAL (ZOOM)

In this 1 day virtual course you will be attuned to Reiki 1 and learn about the 7 main energy centers (chakras) and how to balance them. Although you already have access to this amazing life force energy, in this training we will show you how to use it. The term Reiki meaning “universal,” and “ki”, which refers to the vital life force energy that flows through all living things and is used to complement other forms of healing treatments. By opening your mind and intentions to this energy, you will be more capable of self-empowerment and healing holistically on every level for yourself & loved ones.



Self-Empowerment



Self-Healing



Chakra-Balancing



Instructor: Dr. Melissa Knight, PHD, RN, MSN, CNE -200RYT (Certified Reiki -Usui-Practitioner, Teacher & Master 1, 2, & 3, Holistic Nurse (RN), Certified Holistic Wellness & Stress Management Coach, Registered Yoga Teacher/Therapist, and Certified Spiritual-Life Coach, Founder of Design & Wellness Center

Reiki Self-Healing

Level 1 Reiki (Usui) Self-Healing Certification

A Discovery of Holistic Healing & Self-Empowerment



Investment
\$149
Payment plan options-Virtual spaces limited

What You will Receive:

- Reiki 1- Usui Training & Attunement
- Certification as a Reiki Level 1 Practitioner
- Self-Healing Reiki 1 Practices
- 7-Energy Centers (Chakra) Balancing
- A LIFETIME Self-healing tool & more!

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